

# Mikroplast i sjømat

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Plastfloken

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# Politisk insentiv

- UN Bærekraftsmålene
- Marine Strategy Framework Directive (MSFD), descriptor 10 → Commission Decision on Good Environmental Status:
  - *-quod erat demonstrandum*
  - “The amount of litter and micro-litter ingested by marine animals is at a level that does not adversely affect the health of the species concerned.”
  - Analyse for **kjemisk identitet** (e.g. FTIR) i **indikatorarter** (fisk, sel/hval og krepsdyr, skjell, og havskilpadder) av **partikler 20 µm - 5 mm**
  - Foreslåtte protokoller, beskrevet å ha lav status av modenhet (Galgani 2023).
- UNEA: Internasjonalt bindende instrument for å redusere plastforurensing
  - INC-3 (Intergovernmental Negotiating Committee): Zero draft of Treaty, Nairobi Nov 2023: “**ensuring food safety**”, og spesifisert at det **skal ikke være skadelig for mennesker, dyr- eller plantelivet**.  
<https://wedocs.unep.org/bitstream/handle/20.500.11822/43239/ZERODRAFT.pdf>
  - INC-4: revisjon: 23. – 29. April 2024, Ottawa



Risiko = Effekt x eksponering



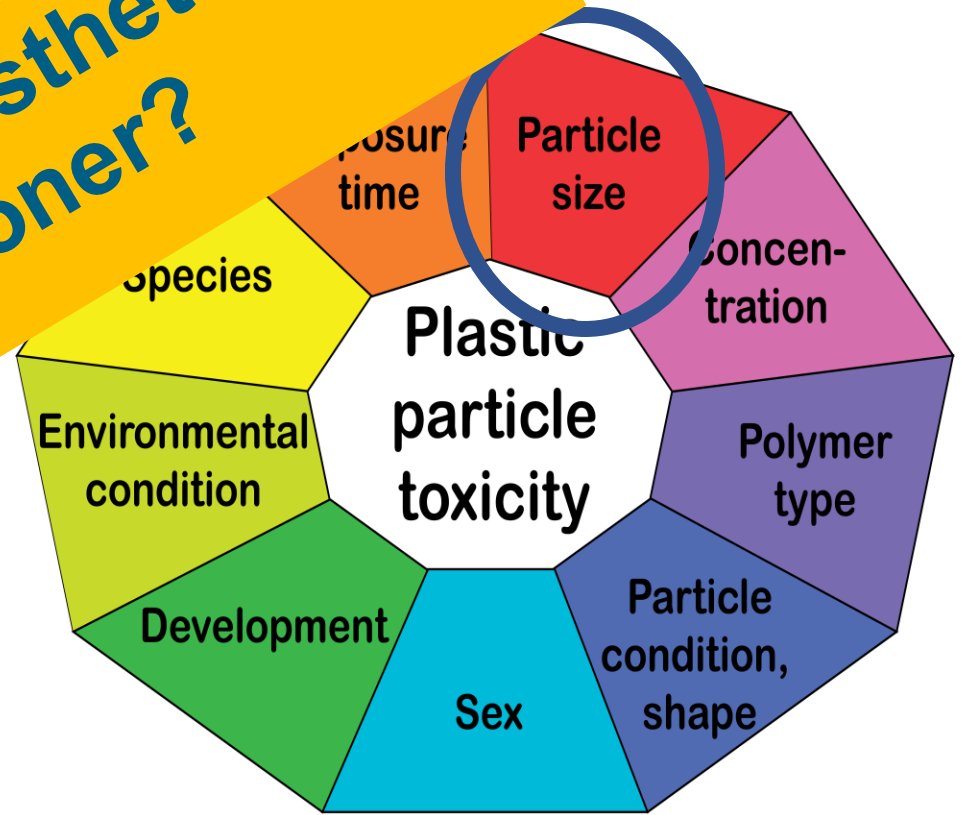
Risiko = **Effekt** x eksponering





Effekter i sjømatorganismer	N >10 µm	N <10 µm
Redusert vekst, energi, overlevelse og aktivitet		
Fysiologisk stress, hormonforstyrrelser		
Celledød, toksisitet		11
Utvikling forstyrret		6
Endret forplantning	3	7

**Reduserer mikroplast robustheten av sjømatart populasjoner?**

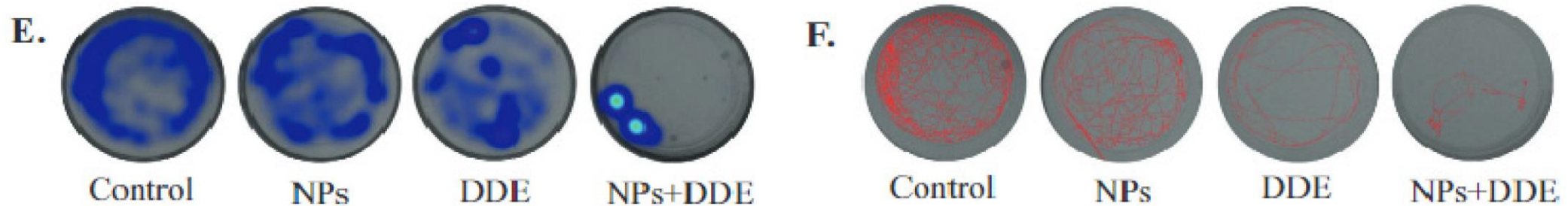


Kögel et al. 2020 Micro-and nanoplastic toxicity on aquatic life: Determining factors, STOTEN.

# Eksposering av lakseyngel

Med PP, størrelsesfordeling omtrent som funnet i miljøet

Ingen effekt av nanopolystyren (nPS) alene, men nPS øker DDE toksisitet. Ny effekt: DDE kombinert med nPS: Redusert bevegelse! DDE=nedbrytningsprodukt av DDT, opphopet i naturen.



## Polystyrene nanoplastics enhance the toxicological effects of DDE in zebrafish (*Danio rerio*) larvae

Shubham Varshney<sup>a</sup>, Adnan H. Gora<sup>a</sup>, Viswanath Kiron<sup>a</sup>, Prabhugouda Siriyappagoudar<sup>a</sup>, Dalia Dal Tanja Kögel<sup>b,c</sup>, Robin Ørnsrud<sup>b</sup>, Pål A. Olsvik<sup>a,b,\*</sup>

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Cite as: Z. Tian *et al.*, *Science*  
10.1126/science.abd6951 (2020).

# A ubiquitous tire rubber-derived chemical induces acute mortality in coho salmon

Zhenyu Tian<sup>1,2</sup>, Haoqi Zhao<sup>3</sup>, Katherine T. Peter<sup>1,2</sup>, Melissa Gonzalez<sup>1,2</sup>, Jill Wetzel<sup>4</sup>, Christopher Wu<sup>1,2</sup>, Ximin Hu<sup>3</sup>, Jasmine Prat<sup>4</sup>, Emma Mudrock<sup>4</sup>, Rachel Hettinger<sup>1,2</sup>, Allan E. Cortina<sup>1,2</sup>, Rajshree Ghosh Biswas<sup>5</sup>, Flávio Vinicius Crizóstomo Kock<sup>5</sup>, Ronald Soong<sup>5</sup>, Amy Jenne<sup>5</sup>, Bowen Du<sup>6</sup>, Fan Hour<sup>3</sup>, Huan He<sup>3</sup>, Rachel Lundeen<sup>1,2</sup>, Alicia Gilbreath<sup>7</sup>, Rebecca Sutton<sup>7</sup>, Nathaniel L. Scholz<sup>8</sup>, Jay W. Davis<sup>9</sup>, Michael C. Dodd<sup>3</sup>, Andre Simpson<sup>5</sup>, Jenifer K. McIntyre<sup>4</sup>, Edward P. Kolodziej<sup>1,2,3\*</sup>

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**In U.S. Pacific Northwest coho salmon (*Oncorhynchus kisutch*), stormwater exposure annually causes unexplained acute mortality when adult salmon migrate to urban creeks to reproduce. By investigating this phenomenon, we identified a highly toxic quinone transformation product of N-(1,3-dimethylbutyl)-N'-phenyl-p-phenylenediamine (6PPD), a globally ubiquitous tire rubber antioxidant. Retrospective analysis of representative roadway runoff and stormwater-impacted creeks of the U.S. West Coast indicated widespread occurrence of 6PPD-quinone (<0.3-19 µg/L) at toxic concentrations (LC<sub>50</sub> of 0.8 ± 0.16 µg/L). These results reveal unanticipated risks of 6PPD antioxidants to an aquatic species and imply toxicological relevance for dissipated tire rubber residues.**



Risiko = Effekt x **eksponering**



# Forekomst av mikroplast i spiselig vev

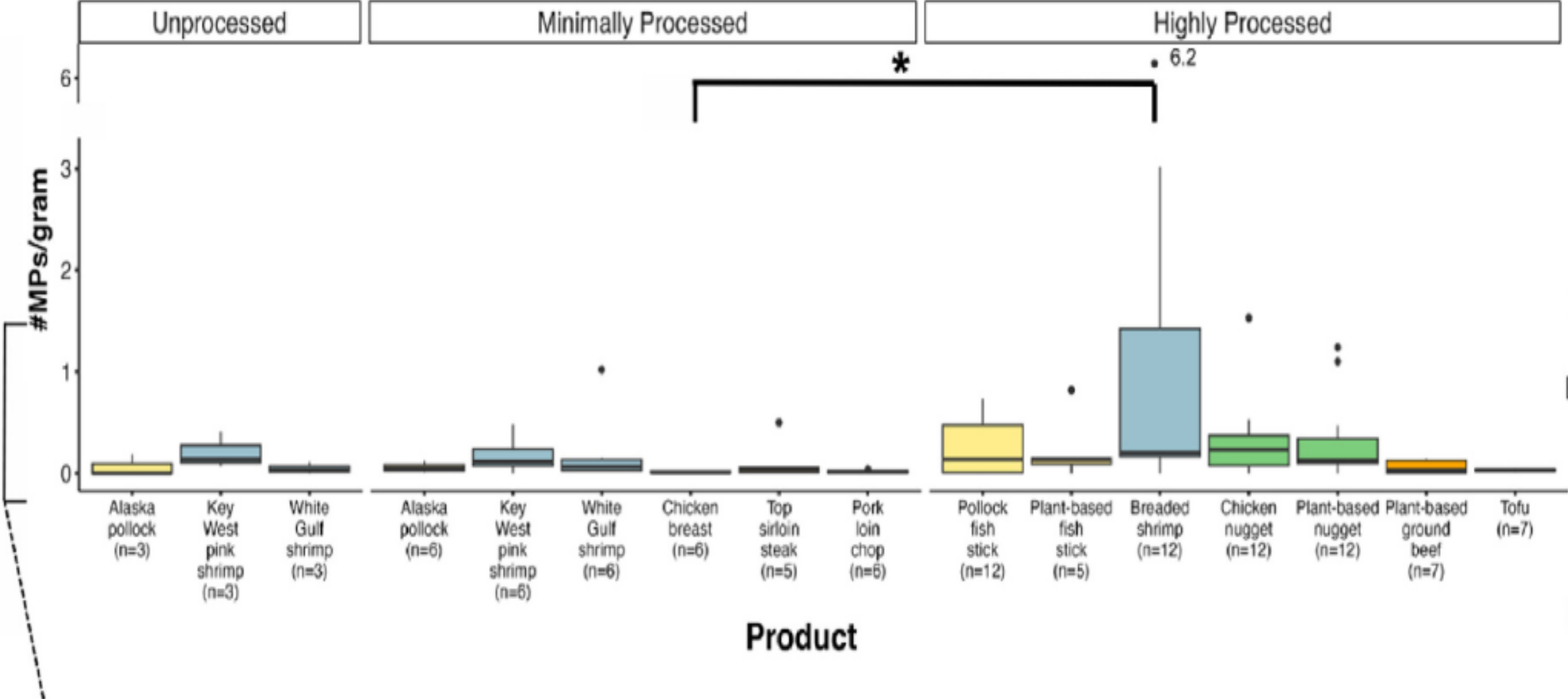
- Europa, Kina, India, USA, Midtøsten
- Skjell, krepsdyr, hel fisk, fiskelever, fiskemuskel, kjøtt
- 0.02 (Martinelli et al. 2020)-10.5 (Li et al. 2015) MP per g
  
- Hva sier disse tallene?
- Flere oppsummeringer, men er datasettene moden til det?

# MP in Arctic fish



Species	FO [%]	MP [N] per individual	Lower detection limit	Methodology	Reference
Polar cod	2.8	0-1	>35 µm	Stomach content, visual inspection, suspected MP by FT-IR, fibers not included	(Kühn, Schaafsma et al. 2018)
Polar cod	18, 34	0-1	>700 µm	GI-tract and content alkaline digested, visual inspection, >700 µm by FT-IR	(Morgana, Ghigliotti et al. 2018)
Atlantic cod	0	n/a	>3.2 mm	Stomach content, visual inspection, suspected MP by FT-IR	(Brate, Eidsvoll et al. 2016)
Atlantic cod Saithe	20.5, 17.4	0.23, 0.28	>80 µm	GI-tract and content alkaline digested, visual inspection, FT-IR	(de Vries, Govoni et al. 2020)
Greenland cod	100	12 ±6	>20 µm	GI tract, visual and FT-IR on selected particles	(Granberg, von Friesen et al. 2020)
Greenland shark	3.33	0-1	>1 mm	Stomach content, visual examination	(Nielsen, Hedeholm et al. 2014)
Greenland shark	45	NN	>1 mm	Stomach content, visual examination	(Leclerc, Lydersen et al. 2012)

The abundance of microplastics was significantly greater in pre-cooked mussels with 1.4 particles/g compared to fresh mussels with 0.9 particles/g (Li et al. 2018)





# Published uptake estimates

Fish: 112 to 842 particles/year according to the EFSA and from 518 to 3078 particles/year/per capita according to the EUMOFA and NOAA (Barboza et al. 2020).

European countries, depending on bivalve consumption rates: 1800 to 11,000 particles/year/per capita (Van Cauwenberghe et al. 2014)

U.S. adults:  $11,000 \pm 29,000$  (median = 4300) MPs/year (combination of the 13 protein products tested with a range of 0–840,000 MP/year (Milne et al. 2024) (>50  $\mu\text{m}$ ).



# Salmo

# en →

T Kögel, BE Grøsvik et al., unpublished - do not share

Unpublished – do not share  
T Kögel et al.

FHF project: NORCE (M. Haave, A. Gomiero, K. B. Øysæd),  
IMR (T. Kögel, Ø. Bjørøy) and NILU (D. Herzke, V. Nikiforov).  
Industry partners and reference group: Lerøy, Blue Planet AS,  
NCE Seafood Innovation Cluster, Veterinary institute.

<https://www.hi.no/resources/Salmodetect-report-final.pdf>

Unpublished – do not share without consent





# Quick and efficient microplastic isolation from fatty fish tissues by surfactant-enhanced alkaline digestion

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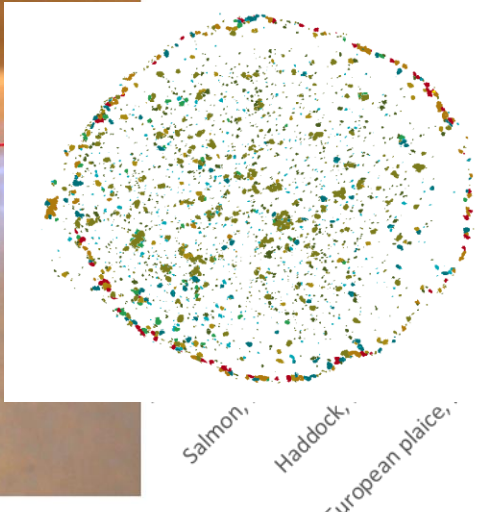
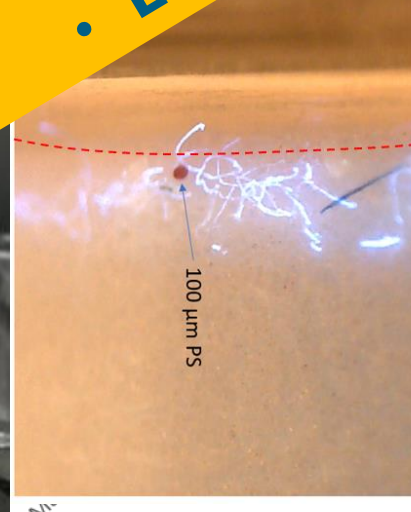
<sup>b</sup> EUOFINS, Sandviksveien 110, 5035 Bergen, Norway

pH	Salmon, muscle	Haddock, muscle	European plaice, muscle	Cod, muscle
2.5				
3.5				
4.5				
5.5				
6.5				



**Renlaboratorium**

- Overtrykk med sluse
- HEPA Luftfiltrering
- Spesialklær, hår i hestehale
- Lite plast

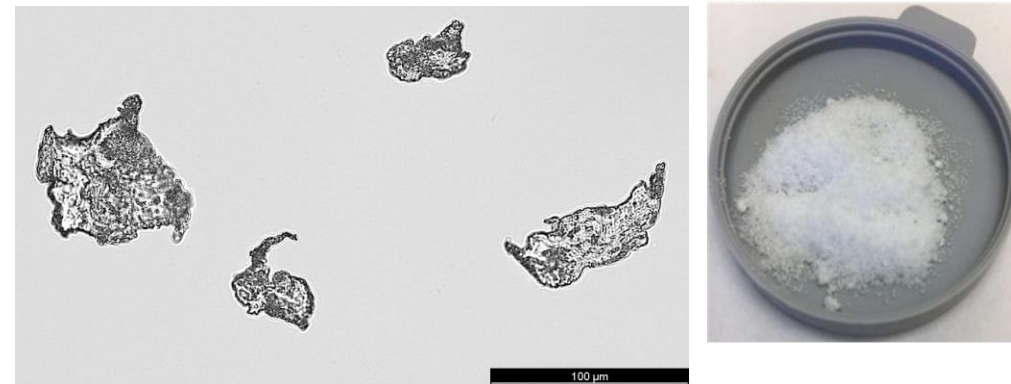


<https://laboratorier.hi.no/plastlab/>





Recovery %	Test 1	Test 2	Test 3	mean	STDEV
PE	85	75	99	<b>86</b>	12.1
PP	94	82	114	<b>97</b>	16.2
PS	101	97	111	<b>103</b>	7.2
PVC	93	81	112	<b>95</b>	15.6
PET	55	92	79	<b>75</b>	18.8
PC	26	72	62	<b>53</b>	24.2
PA	58	64	58	<b>60</b>	3.5
PMMA	36	93	67	<b>65</b>	28.5



Alice Refosco, Andre Bienfait, Jennifer Gjerde, Tanja Kögel, unpublished – do not share without consent

Risiko = Effekt x eksponering



# Hva trenger man for en risiko analyse?

- Konsentrasjon av kontaminanten i vev av sjømat

- Kjemisk idenditet

og størrelsesfraksjon og form

Måleusikkerhet:  $x \text{ mg/kg} \pm x \text{ mg/kg}$



sammenligning

- Toksisitet ved langtidseksponering  
i forhold til størrelse og form



# Tilsetningsstoffer og produksjonsrester

- **Lekker ut**
- Ofte ikke merket på produktet**
- Gjennomsnittlig 4% av vekten**

Tilsetningsstoff, NIAS (non intentionally added substances), overflatebehandling

*(Campanale et al., 2020; Espinosa Ruiz et al., 2016; Fred-Ahmadu et al., 2020; Kwon et al., 2017).*

For eksempel: Rest-monomerer, reaksjonsbiprodukter, katalysatorer, mykgjørere (phtalater, BPx), nonylfenol (thermoresistens), UV-stabilisatorer, antioksidanter, PFAS, flammehemmere, biocider, fargestoffer.

Plast Chem Project NTNU: publisert 2024 (<https://zenodo.org/records/10701706>):

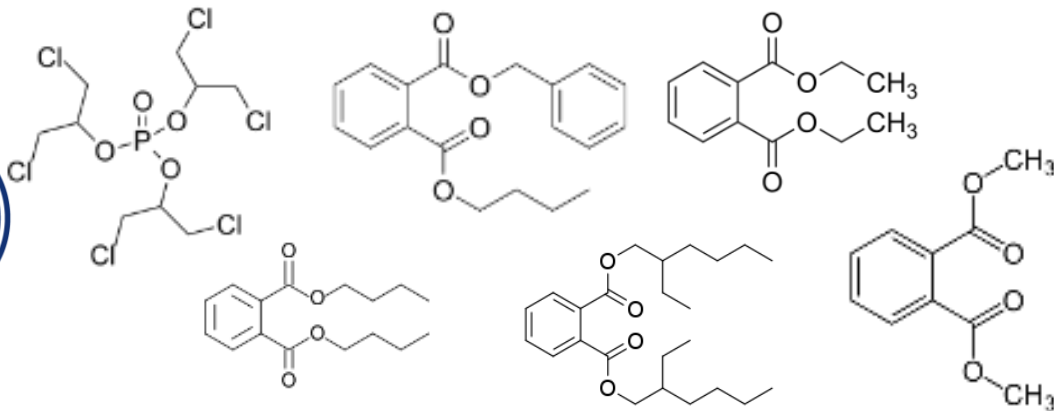
Prioritert liste av 18 000 kjemikalier etter

persistens, bioakkumulering, mobilitet og toksisitet

- 66% ukjent toksisitet







Navn	Bruk	Forkortelse	Formel
<b>Benzyl butyl phthalate</b>	Plast (Gulv, plastskum, tepper)	BBP	$C_{19}H_{20}O_4$
<b>Bis(2-ethylhexyl) phthalate</b>	PVC (leker, møbel, dusjforheng, lim, overflater)	DEHP	$C_{24}H_{38}O_4$
<b>Dibutyl phthalate</b>	Plast, elastomer, lakk, sprengstoff, blekk, lim, overflater	DBP	$C_{16}H_{22}O_4$
<b>Diethyl phthalate</b>	Plast (matforpakning), kosmetikk, aspirin	DEP	$C_{12}H_{14}O_4$
<b>Dimethyl phthalate</b>	Plast, kosmetikk, insekt frastøtende, lakk	DMP	$C_{10}H_{10}O_4$
<b>tris(chloropropyl)phosphate</b>	PU flammehemmer	TCPP	$C_9H_{18}Cl_3O_4P$

REVIEW

Open Access

# Plastics in biota: technological readiness level of current methodologies



David Vanavermaete<sup>1</sup>, Amy Lusher<sup>2</sup>, Jakob Strand<sup>3</sup>, Esteban Abad<sup>4</sup>, Marinella Farré<sup>4</sup>, Emilie Kallenbach<sup>5</sup>, Michael Dekimpe<sup>1</sup>, Katrien Verlé<sup>1</sup>, Sebastian Primpke<sup>6</sup>, Stefano Aliani<sup>7</sup> and Bavo De Witte<sup>1\*</sup>



systematic review, reproducible analytical pipelines were examined and the technological readiness levels were assessed (for monitoring)

# Technological readiness level (TRL)

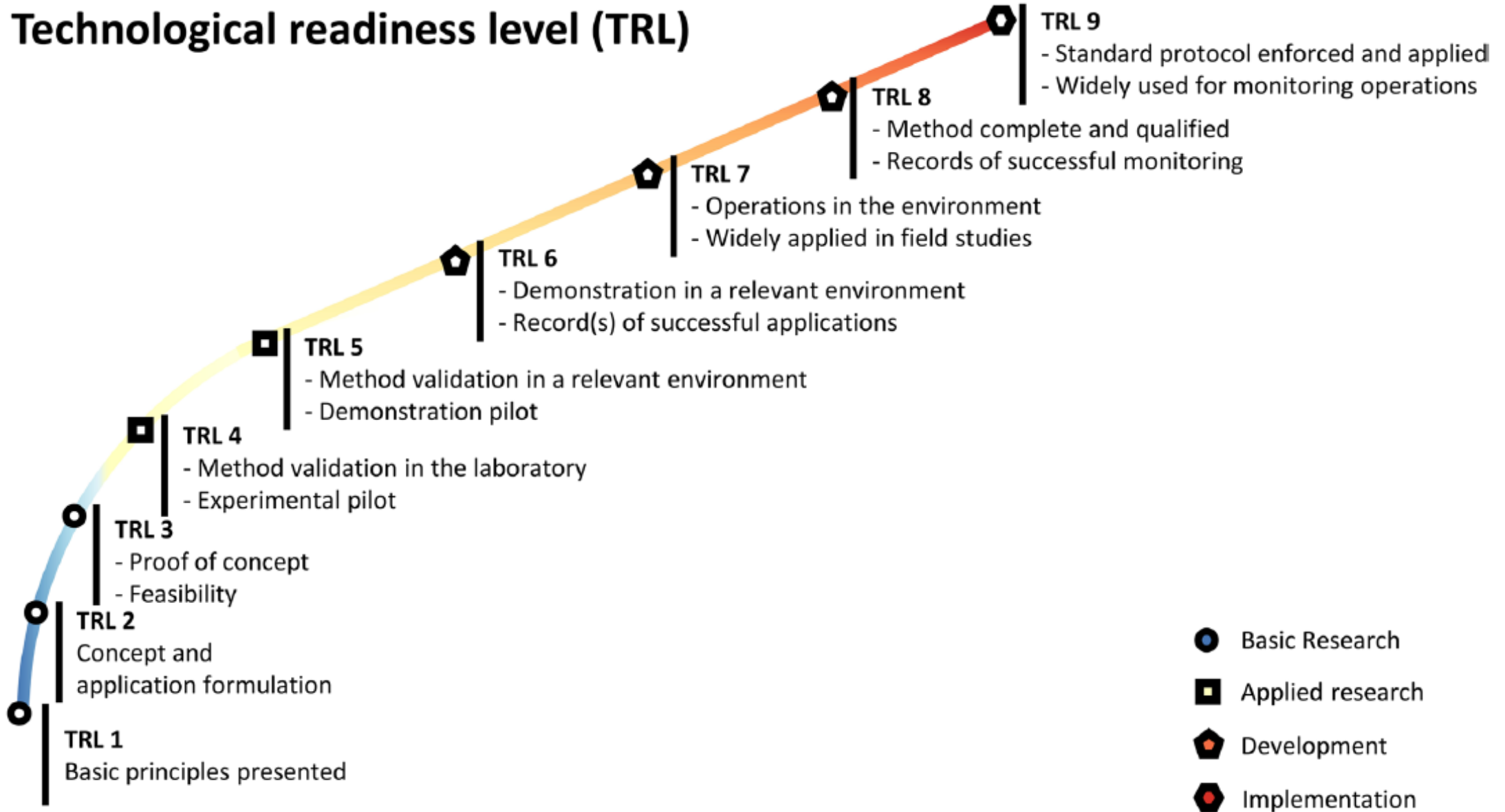


Fig. 2 Overview the the different technological readiness levels as defined by [2]

# BASEMAN

MICROPLASTICS ANALYSES  
IN EUROPEAN WATERS



DET KONGELIGE  
NÆRINGS- OG FISKERIDEPARTEMENT

FACTS

JPI  
OCEANS

FHF



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Björn Einar Grøsvik  
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